



## The Jefferson Health Plan EAP – Quick Facts Sheet

Program Name: **The Jefferson Health Plan EAP**  
Toll-Free Number: **877-233-0976**  
EAP Website: [www.achievesolutions.net/JHP](http://www.achievesolutions.net/JHP)

### ***Eligibility:***

Plan participants enrolled in the member organization medical plan including employees, spouses & dependents are eligible for the benefits offered through the EAP Program. In addition, any other household members of a JHP covered employee may use the EAP. Employees of member organizations who are not covered by the Jefferson Health Plan are also eligible.

### ***EAP Counseling:***

5 face-to-face visits per problem

### ***Telephonic EAP:***

Unlimited.

### ***Legal & Financial Benefit:***

A free 30 minute consultation per problem can be accessed through the toll-free number. Additional services beyond the initial consultation are available at a discounted rate. Self-serve tools for building standard legal documents, relevant articles and other resources are available on the EAP website.

### ***Work-Life Balance Benefit:***

Assistance is available for locating and connecting with referral services for such Work-Life Balance challenges as childcare, eldercare and concierge assistance with daily living needs; e.g., planning special occasions and travel, locating reliable skilled tradesmen to address home and household needs, help with unexpected personal / family events, etc.. Related information and resource locator tools are available on the EAP website.

### ***Management Consultations:***

Consultation on workplace, employee and team issues, including planning for a referral of an employee to the EAP, can be accessed through the toll-free number. This assistance is not limited in occurrence.

### ***Management Referrals:***

Assistance with planning for and implementing formal referrals related to job performance and/or job jeopardy is available through the toll-free number.

### ***Crisis Incident Debriefing:***

Onsite services are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

### ***Orientation & Training:***

Orientation and Training are available on a per-hour, Fee-for-Service basis. Call the toll-free number to make arrangements.

